

What To Bring To First Day Of CORE Classes

Check the list below for materials and/or assignments for first day of classes

CLASS	24 MATERIALS FOR FIRST CLASS	ASSIGNMENT FOR FIRST CLASS
AP I	<i>Writing materials, textbook</i>	Premkumar: Ch 1 pp-1-15
AP II	Writing materials, textbook	Premkumar: Ch 1 pp 1-41
AP III	Writing materials, textbook	Premkumar: Ch 1 pp 1-41
Business	Writing materials, textbook	None
Clinic	<i>Writing materials, sheets, face cradle cover, symbol, handouts</i>	See Clinic handout packet- (to be mailed separately)
Communication & Ethics	<i>Writing materials. textbooks</i>	None
Hydrotherapy	<i>Writing materials, textbook</i>	ALL CLASSES: Read Sinclair: Chap 1 & 7 + pp 53-58, 70-79 WEEKEND classes: also read outline – <i>mailed with confirmation letter</i>
Kinesiology Lower Body	Sheets, face cradle cover, oil/lotion, bolster (opt.), writing materials, textbook	Biel : Ch 1 & Ch 6 p. 276-306, 315-318, 328-331
Kinesiology Upper Body	<i>Sheets, face cradle cover, oil/lotion, bolster (opt.), writing materials, textbook</i>	Biel: Ch 1 & Ch 2 p. 46-68, 71-73. 89-91, 99-106
Massage Assessment/ Applications	<i>Sheets, face cradle cover, oil/lotion, bolster (opt.), writing materials, textbook</i>	Ratray: Ch 9 and 17
Massage Fundamentals	<i>Writing materials. textbooks</i>	None
Massage Lower Body	<i>Sheets, face cradle cover, oil/lotion, bolster (opt.), writing materials, textbooks</i>	Tappan: Review Ch 9; Read Ch 4, & 11 Biel: Ch 1
Massage Upper Body	<i>Sheets, face cradle cover, oil/lotion, bolster (opt.), writing materials, textbooks</i>	Tappan: Review Ch 9: Read Ch 4, & 10 Biel: Ch 1
Pathology I	Writing materials, textbooks	Werner: xi-xxii
Pathology II	Writing materials, textbooks	Werner: Chap 6
Shiatsu I, II & Shiatsu SF Clinic	<i>Sheets, blanket, bolster or standard size pillows, writing materials, pillow cases</i>	None
Statutes	Writing materials, textbooks	Read Pages 1-4 of Oregon Blue Book <i>(To Be mailed with Statutes confirmation letter)</i>