



Version 5  
8/30/11

# FALL 2011 PRELICENSING CLASS SCHEDULE - PORTLAND

	<b>MONDAY</b> 9/26 - 11/28	<b>TUESDAY</b> 9/27 - 11/29	<b>WEDNESDAY</b> 9/28 - 12/7	<b>THURSDAY</b> 9/29 - 12/8	<b>FRIDAY</b> 9/30 - 12/9	<b>SATURDAY</b> 10/1 - 12/10
<b>Morning</b> 9am-12noon			<b>MASSAGE - Upper Body</b> Kitty Lawrence <b>COMMUNICATION/ETHICS</b> Alan Wells <b>BUSINESS INTRO</b> 9/28-10/26 Sarah Batten		<b>CLINIC ▲</b> 8:30am-1pm Jonathan Berg	
<b>Afternoon</b> 1:30-4:30pm		<b>SHIATSU I</b> Wendy Ward <b>HYDROTHERAPY</b> (11/1-29) Kitty Lawrence  <b>PATHOLOGY II</b> William Pleau	<b>MASSAGE - Fundamentals ♦</b> Kitty Lawrence <b>KINES - Upper Body</b> Paul Gerhards	<b>AP III</b> Gay Blackwell <b>SHIATSU CLINIC - Short Form</b> 1-5:30pm Wendy Ward	<div style="border: 1px solid black; padding: 5px;"> <p><b><u>Remember!</u></b> The school will be closed the evening of Nov 23-Nov 27 for Thanksgiving.</p> </div>	
<b>Evening</b> 6:30-9:30pm	<b>COMMUNICATION/ETHICS</b> Alan Wells	<b>DAO YIN - 5:15-6pm</b> (9/27-11/22) Wendy Ward <b>MASSAGE - Fundamentals ♦</b> Lisa Barck Garofalo <b>MASSAGE - Assess/Application</b> Sheila Montgomery	<b>CLINIC ▲</b> 5-9:30pm Jonathan Berg <b>KINES - Lower Body</b> Paul Gerhards <b>PATHOLOGY I</b> William Pleau <b>AP I</b> Gay Blackwell	<b>AP II</b> Gay Blackwell <b>SHIATSU II</b> Wendy Ward <b>MASSAGE - Lower Body</b> Sheila Montgomery	<p><b><u>REGISTRATION:</u></b></p> <p><b>FINAL QTR - Aug 9th</b></p> <p><b>CONTINUING - Aug 16th</b></p> <p><b><u>Tuition due at time of registration!</u></b></p>	

Classes and dates are subject to change

♦ **MASSAGE - Fundamentals:** Includes one **required** class Saturday in Portland (10/22 9am-4:30pm) **and** one weekend at Breitenbush Hot Springs (11/4-6, Fri pm-Sun aft)

▲ **CLINIC:** Attendance is required at **ALL** clinic sessions.

■ **HYDROTHERAPY:** Weekend format - 9/30-10/2 (Fri 6:30-9:30pm; Sat-Sun 9am-4pm)

**STATUTES CLASS:** 11/2&9, Wed 9-11:30am

<u>Class</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
Anatomy & Physiology I	30	Blackwell	Sep 28-Dec 7	Wed 6:30-9:30pm	\$505	None
Anatomy & Physiology II	30	Blackwell	Sep 29-Dec 8	Thu 6:30-9:30pm	\$505	AP I
Anatomy & Physiology III	30	Blackwell	Sep 29-Dec 8	Thu 1:30-4:30pm	\$505	AP I
Business of Massage - Introduction	15	Batten	Sep 28-Oct 26	Wed 9am-12noon	\$270	Massage - Upper AND Lower (Western Focus); Shiatsu SF Clinic (Eastern Focus)
Clinic	45	Berg	Sep 28-Dec 7	Wed 5-9:30pm	\$745	Mass Assess/App (may be concurrent)
Clinic	45	Berg	Sep 30-Dec 9	Fri 8:30am-1pm	\$745	Mass Assess/App (may be concurrent)
Communication/Ethics	30	Wells	Sep 26-Nov 28	Mon 6:30-9:30pm	\$505	Massage - Fundamentals (may be concurrent)
Communication/Ethics	30	Wells	Sep 28-Nov 30	Wed 9am-12noon	\$505	Massage - Fundamentals (may be concurrent)
Hydrotherapy	15	Lawrence	Sep 30-Oct 2	Fri 6:30-9:30pm; Sat-Sun 9am-4pm	\$270	Mass - Fundamentals, AP I (recommended: AP II)
Hydrotherapy	15	Lawrence	Nov 1-29	Tue 1:30-4:30pm	\$270	Mass - Fundamentals, AP I (recommended: AP II)
Kinesiology - Lower Body	30	Gerhards	Sep 28-Dec 7	Wed 6:30-9:30pm	\$505	AP I
Kinesiology - Upper Body	30	Gerhards	Sep 28-Nov 30	Wed 1:30-4:30pm	\$505	AP I
Massage - Assessment & Application	30	Montgomery	Sep 27-Nov 29	Tue 6:30-9:30pm	\$505	Massage- Upper and Lower, Hydro, Path I
Massage - Fundamentals	45	Barck Garofalo	Sep 27-Nov 29	Tue 6:30-9:30pm	\$950	None
Massage - Fundamentals	45	Lawrence	Sep 28-Nov 30	Wed 1:30-4:30pm	\$950	None
Massage - Lower Body	30	Montgomery	Sep 29-Dec 8	Thu 6:30-9:30pm	\$505	Kines Lower (may be concurrent), Mass-Fund., Comm
Massage - Upper Body	30	Lawrence	Sep 28-Nov 30	Wed 9am-12noon	\$505	Kines Upper (may be concurrent), Mass Fund., Comm
Pathology I	30	Pleau	Sep 28-Dec 7	Wed 6:30-9:30pm	\$505	AP I (recommended: A&P II)
Pathology II	30	Pleau	Sep 27-Nov 29	Tue 1:30-4:30pm	\$505	Path I (recommended: AP II, AP III)
Shiatsu I - Short Form (Back)	30	Ward	Sep 27-Nov 29	Tue 1:30-4:30pm	\$505	AP I (may be concurrent) or LMT
Shiatsu II - Short Form (Front)	30	Ward	Sep 29-Dec 8	Thu 6:30-9:30pm	\$505	Shiatsu I
Shiatsu Short Form Clinic	45	Ward	Sep 29-Dec 8	Thu 1-5:30pm	\$745	Shiatsu II, Comm/Ethics; Path I-may be concurrent
Statutes	5	Siderius	Nov 2 & 9	Wed 9-11:30am	\$95	Communications/Ethics



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# FALL 2011 ELECTIVE CLASS SCHEDULE - PORTLAND

<u>Class</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
ABC's of Chinese Medicine - Part C	32	Cleaver	Sep 27-Nov 15	Tue 9:15am-1:15pm	\$675	Shiatsu I or ABCs - Part A
Aromatic Body Stone Therapy	16	Williams	Oct 15-16	Sat-Sun 9am-6pm	\$390	Massage - Fundamentals
Board Review - Practical	4.5	Barck Garofalo	Sep 16	Fri 9am-1:30pm	\$110	
Board Review - Kinesiology	4	Richards	Sep 18	Sun 9am-1pm	\$100	
Body Mechanics for Massage Therapists	8	Lawrence	Nov 12	Sat 9am-6pm	\$175	Massage - Fundamentals
Breathwork for Client Support	3	Townsend	Oct 27	Thu 6:30-9:30pm	\$65	Breathwork for Self Care or Instr approval
Breathwork for Self Care	3	Townsend	Oct 6	Thu 6:30-9:30pm	\$65	None
Chiropractic Assistant Certification Class	12	Pleau	Dec 3-4	Sat-Sun 9am-4pm	\$240	None, AP I recommended
CPR	3	McIntosh	Dec 3	Sat 9:30am-12:30pm	\$35	None
Craniosacral Therapy: Level I	15	Manalis	Nov 5-6	Sat-Sun 9am-5:30pm	\$325	Craniosacral Intro or equivalent
Dao Yin Stretch	7	Ward	Sep 27-Nov 22	Tue 5:15-6pm	\$120	None
Exploring Brainwaves	3	Welton-Miller	Nov 8	Tue 6:30-9:30pm	\$65	None
Feelings in the Body	3	Welton-Miller	Oct 24	Mon 6:30-9:30pm	\$65	None
Foot Reflexology Basics	7.5	Butler	Oct 8	Sat 9am-5:30pm	\$165	None
Insurance Billing for LMTs	10.5	Harris	Nov 18-19	Fri 10am-4pm; Sat 10am-4:30pm	\$240	Massage Fundamentals or equivalent
Lower Body Injury Care	15	Verschingel	Oct 27-Dec 1	Thu 9am-12noon	\$325	Massage Lower Body or equivalent
Massage Basics	(no CEs)	Ireland	Oct 7-28	Fri 6:00-8:30pm	\$80	None
Massage for People Living with Cancer	24	MacDonald	Nov 18-20	Fri 9:30am-6:30pm; Sat-Sun 9am-6pm	\$490	Massage - Fundamentals
Mind Body Connection - Hakomi	3	Ireland	Nov 11	Fri 6:30-9:30pm	\$65	None
Muscle Assessment Techniques	15	Libby	Oct 1-2	Sat-Sun 9am-5:30pm	\$300	Kinesiology - Upper Body or Lower Body
Neuromuscular Therapy Introduction	3	Pleau	Oct 3	Mon 6:30-9:30pm	\$65	AP I, Kines-Upper Body or equivalent
Neuromuscular Therapy - The Spine	15	Pleau	Oct 29-30	Sat-Sun 9am-5:30pm	\$325	NMT Intro, AP I, Kines-Upper Body or equivalent
Pregnancy Massage I: Essentials	23	Stager	Oct 7-9	Fri 9am-6pm; Sat-Sun 9am-5:30pm	\$575	Massage - Upper and Lower Body
Pregnancy Massage II: Adv Techniques	7.5	Stager	Oct 22	Sat 9am-5:30pm	\$175	Pregnancy I or equivalent
Pregnancy Massage: New Mother	7.5	Stager	Oct 23	Sun 9am-5:30pm	\$175	Massage - Upper or Lower, A&P I; Pregnancy Massage recommended
Pregnancy Massage: Labor and Birth	4	Stager	Oct 10	Mon 1-5pm	\$100	None
Recordkeeping/Tax Reporting	12	Bowman	Nov 8-29	Tue 9am-12noon	\$260	None
Reflexology Variations:	7.5	Butler	Oct 9	Sun 9am-5:30pm	\$165	None
Reiki Healing	18	Coppieters	Nov 11-13	Fri 6-8pm; Sat-Sun 9am-6pm	\$305	None

Shiatsu I - Short Form (Back)	30	Ward	Sep 27-Nov 29	Tue 1:30-4:30pm	\$505	AP I (may be concurrent) or LMT
Shiatsu II - Short Form (Front)	30	Ward	Sep 29-Dec 8	Thu 6:30-9:30pm	\$505	Shiatsu I
Shiatsu IV - Long Form (Front)	30	Ward	Sep 27-Nov 29	Tue 6:30-9:30pm	\$640	Shiatsu III
Shiatsu Short Form Clinic	45	Ward	Sep 29-Dec 8	Thu 1-5:30pm	\$745	Shiatsu II, Comm/Ethics; Path I-may be concurrent
Spa Essentials - Polishes & Glows	16	Lawrence	Dec 3-4	Sat-Sun 9am-6pm	\$430	Massage - Fundamentals
Sports Event Massage	8	Verschingel	Nov 19	Sat 9am-6pm	\$165	Massage - Fundamentals
Sports Massage - In the Treatment Room	16	Verschingel	Oct 11-Nov 22	Vary	\$300	LMT, Mass-Assess or instructor approval
Tension Headache Treatments	16	Barber-Shams	Nov 4-6	Fri 6:30-8:30pm; Sat-Sun 9:30am-5:30pm	\$340	LMT or Massage Upper Body
Thai Swedish Fusion	16	Montgomery	Oct 14-16	Fri 6:30-8:30pm; Sat 9am-6pm; Sun 9am-4pm	\$340	Mass-Fund and either Thai I or Shiatsu I
Thoracic Outlet Syndrome Treatment	8	Barber-Shams	Sep 24	Sat 9am-6pm	\$160	LMT or Kinesiology
Zero Balancing Intro for LMTs - <i>New Class!</i>	7.5	Zenger	Dec 11	Sun 9am-5:30pm	\$155	Mass-Fund or health care practitioner

**Keep your eyes open for  
 updated versions!  
 New classes will be added.**

**Tuition is due at time of registration. This includes first payment of Tuition Agreements.**