

OSM WINTER 2012 CE CALENDAR

PORTLAND

JANUARY

Contact an Admissions Coordinator for Information

LMT Training Begins January 10th

| CLASS | INSTRUCTOR | DATE | TIME | CEs | PRICE |
|--|-------------|---------------|--------------------|-----------|-------|
| Shiatsu II - Short Form (Front) | Ward | Jan 10-Mar 13 | Tue 1:30-4:30pm | 30-NCBTMB | \$505 |
| Shiatsu III - Long Form (Back) | Ward | Jan 10-Mar 13 | Tue 6:30-9:30pm | 30-NCBTMB | \$640 |
| Shiatsu I - Short Form (Back) | Ward | Jan 12-Mar 15 | Thu 6:30-9:30pm | 30-NCBTMB | \$505 |
| Board Review - Practical | Garofalo | Jan 13 | Fri 9am-1:30pm | 4.5 | \$110 |
| Board Review - Kinesiology | Gerhards | Jan 14 | Sat 9am-1pm | 4 | \$100 |
| Shiatsu Short Form Clinic | Ward | Jan 14-Mar 17 | Sat 8:30am-1pm | 45-NCBTMB | \$745 |
| Massage Basics * | Ireland | Jan 20-Feb 10 | Fri 6:00-8:30pm | No CEs | \$80 |
| CPR * | McIntosh | Jan 21 | Sat 9:30am-12:30pm | 3 | \$35 |
| Pediatric Massage in Mexico | Sinclair | Jan 23-27 | vary | 25-NCBTMB | \$545 |
| Sports Massage - In the Treatment Room | Verschingel | Jan 24-Mar 6 | Vary | 16-NCBTMB | \$300 |
| Sports Event Massage | Verschingel | Jan 28 | Sat 9am-6pm | 8-NCBTMB | \$165 |
| Neuromuscular Therapy Introduction | Pleau | Jan 30 | Mon 6:30-9:30pm | 3-NCBTMB | \$65 |

FEBRUARY

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|---|-------------|---------------|-------------------------------|-----------|--------------|
| On-Site Chair Massage I | Solseng | Feb 4 | Sat 9am-6pm | 8-NCBTMB | \$170 |
| Couples Massage * | Garofalo | Feb 11 | Sat 9am-5pm | No CEs | \$175/couple |
| Upper Body Injury Care | Verschingel | Feb 16-Mar 15 | Thu 9am-12noon | 15-NCBTMB | \$325 |
| Neuromuscular Therapy - Advanced Techniques - New! | Pleau | Feb 18-19 | Sat-Sun 9am-5:30pm | 15-NCBTMB | \$325 |
| Deep Massage - the Lauterstein Method - New! | Lauterstein | Feb 24-26 | Fri 7-9pm; Sat-Sun 9am-5pm | 16 | \$325 |
| Reiki Healing * | Coppieters | Feb 24-26 | Fri 6-8pm; Sat-Sun 9am-6pm | 18-NCBTMB | \$305 |

MARCH

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|--|------------|-----------|-------------------------------------|-----------|-------|
| Thai Massage - Level I * | Weitzer | Mar 2-4 | Fri 6:30-8:30pm; Sat-Sun 9am-5pm | 16-NCBTMB | \$375 |
| Reflexology for Women's Health * - New! | Goetz | Mar 3 | Sat 9am-5pm | 7 | \$150 |
| Advanced Reflexology | Goetz | Mar 4 | Sun 9am-6pm | 8-NCBTMB | \$170 |
| Shamanism Today * | Coppieters | Mar 9-11 | Fri 6-8pm; Sat-Sun 9am-6pm | 18 | \$380 |
| Therapeutic Stretching for the Upper Body | Montgomery | Mar 10 | Sat 9am-5pm | 7-NCBTMB | \$145 |
| Myofascial Trigger Point Therapy | Libby | Mar 17-18 | Sat-Sun 9am-5:30pm | 15-NCBTMB | \$325 |

* Indicates General Interest Class

OSM Again Hosts the CARING TOUCH MASSAGE-A-THON
Saturday, DECEMBER 10, 10am-5pm
OSM-PORTLAND, 9500 Barbur Blvd. Suite 100

SALEM

JANUARY

Contact an Admissions Coordinator for Information

LMT Training Begins January 10th

| CLASS | INSTRUCTOR | DATE | TIME | CEs | PRICE |
|-------------------------------|------------|---------------|-------------------|-----------|-------|
| Dao Yin Stretch * | Zermer | Jan 11-Mar 7 | Wed 5:15-6pm | 7 | \$120 |
| Shiatsu I - Short Form (Back) | Zermer | Jan 11-Mar 14 | Wed 6:30-9:30pm | 30-NCBTMB | \$505 |
| Shiatsu Short Form Clinic | Zermer | Jan 11-Mar 14 | Wed 9:30am-2pm | 45-NCBTMB | \$745 |
| Shiatsu Long Form Clinic | Zermer | Jan 11-Mar 14 | Wed 9:30am-1:30pm | 40 | \$680 |
| Massage Basics * | Williams | Jan 28-Feb 18 | Sat 10am-12:30pm | No CEs | \$80 |

FEBRUARY

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|---|-----------|-----------|---------------------------------------|------------|-------|
| Mind Body Connection - Hakomi * | Ireland | Feb 2 | Thu 6:30-9:30pm | 3-NCBTMB | \$65 |
| Massage for People Living with Cancer | MacDonald | Feb 10-12 | Fri 9:30am-6:30pm; Sat-Sun 9am-6pm | 24-NCBTMB | \$490 |
| Foot Reflexology Basics * | Butler | Feb 11 | Sat 9am-5:30pm | 7.5-NCBTMB | \$165 |
| Reflexology Variations * | Butler | Feb 12 | Sun 9am-5:30pm | 7.5-NCBTMB | \$165 |
| Hakomi - Tapping into the Body Wisdom * | Ireland | Feb 19 | Sun 9am-4pm | 6-NCBTMB | \$130 |

MARCH

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|--|--------------|------------|-----------------|------------|-------|
| Thoracic Outlet Syndrome Treatment | Barber-Shams | Mar 3 | Sat 9am-6pm | 8-NCBTMB | \$160 |
| Chiropractic Assistant Certification Class | Pleau | Mar 10-M11 | Sat-Sun 9am-4pm | 12-NCBTMB | \$240 |
| Side-Lying Massage - Lower Body | Lawrence | Mar 10 | Sat 9am-5:30pm | 7.5-NCBTMB | \$165 |

Please note there is a \$25 fee charged for dropping a class once registered.

*Visit www.OregonSchoolofMassage.com for descriptions and prerequisite information.
We encourage you to register at least 10 days prior to start date to insure class availability.
Call 1-800-844-3420 to register for classes!*

Oregon School of Massage

9500 SW Barbur Blvd #100, Portland, OR 97219 • 1-800-844-3420

2111 Front St NE #3-101, Salem, OR 97301 • 1-877-588-8912





Beach near Zipolite.

PEDIATRIC MASSAGE IN ZIPOLITE, MEXICO

January 23-27, 2012 (25 hours of CE)

\$545 (does not include travel, lodging or meals)

For details regarding workshop, accommodations and travel contact Ray Siderius (rs@oregonschoolofmassage.com)

OSM STORE

Introducing Healthy Benefits.

This luxurious formula contains antioxidants of Pomegranate, Green Tea, and White Grape. Its unique blend promotes deep skin conditioning, healthy circulation and helps fight free radicals. Healthy Benefits is offered as a crème or gel.



Anti-oxidant Rich Formulas
Protect and restore with Pomegranate, Green Tea, White Grape
with Pomegranate, Rice Bran and Soy Oil, Paraben-free.
Healthy Benefits
Crème, Gel, Self Care Face Massage

Still time to buy a **Raffle** ticket for great prizes and support Ayuda Caring Touch and OSM Scholarship Fund. Drawing is **Dec 10** - call OSM Store for details!

Winter Store Sale - Feb 22 - both campuses

KNOW SOMEONE INTERESTED IN MASSAGE?

OSM is committed to providing a holistic education that integrates the body, mind, heart and spirit. We offer 555-hour Western and Eastern focus bodywork programs for Oregon and Washington licensure and NCBTMB Certification. For more information, attend a free Massage Training Preview. Licensing, training and career opportunities are discussed during this 2-hour presentation. Please call 1-800-844-3420 (Portland) or 1-877-588-8912 (Salem) to register.

UPCOMING MASSAGE TRAINING PREVIEWS

Portland

Sat, Dec 10 at 10am

Tue, Jan 3 at 6:30pm

Sat, Feb 4 at 10am

Thu, Feb 23 at 6:30pm

Salem

Tue, Dec 6 at 6:30pm

Wed, Jan 4 at 6:30pm

Wed, Feb 1 at 6:30pm

Thu, Mar 8 at 6:30pm

UPCOMING TERMS

Winter: January 9 Spring: April 2 Summer: June 25

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WINTER 2012 CALENDAR

Oregon School of Massage
9500 SW Barbur Blvd. #100
Portland, OR 97219



Oregon School of Massage WINTER 2012 CE CALENDAR

DEEP MASSAGE The Lauterstein Method

February 24-26, 2012

Fri 7-9pm;

Sat-Sun 9am-5pm

Instructor:

David Lauterstein

\$325-16 CEs



Photo courtesy ABMP



Photo courtesy of
Lauterstein-Conway
Massage School

David Lauterstein's work is a systematic integration of energy and structural work drawing on concepts from Structural Integration, Rolfing and Zero Balancing. Get better results with less effort. "Deep Massage" means more than engaging tissue.

Bring learning
into balance.