

OSM SUMMER 2010 CE CALENDAR

Visit www.OregonSchoolofMassage.com for descriptions and prerequisite information. Call 1-800-844-3420 to register for classes!
We encourage you to register at least 10 days prior to start date to insure class availability.

PORTLAND

JUNE

LMT Training Begins June 28th

				Contact an Admissions Coordinator for Information	
ABC's of Chinese Medicine - Part B	Cleaver	Jun 29-Jul 22	Tue/Thu 9:15am-1pm	30	\$615
Shiatsu II - Short Form (Front)	Ward	Jun 29-Aug 31	Tue 1:30-4:30pm	30 - NCBTMB	\$485
Shiatsu III - Long Form (Back)	Ward	Jun 29-Aug 31	Tue 6:30--9:30pm	30 - NCBTMB	\$615

JULY

Shiatsu I - Short Form (Back)	Ward	Jul 1-Sep 2	Thu 6:30-9:30pm	30 - NCBTMB	\$485
Shiatsu Short Form Clinic	Ward	Jul 1-Sep 2	Thu 1:00-5:30pm	45 - NCBTMB	\$725
Massage Basics *	Ireland	Jul 7-28	Wed 6-8:30pm	No CEs	\$75
Massage for People Living with Cancer	MacDonald	Jul 9-11	Fri 9:30am-6:30pm; Sat-Sun 9am-6pm	24	\$490
Board Review - Practical	Barck Garofalo	Jul 10	Sat 9am-1:30pm	4.5	\$110
Board Review - Kinesiology	Richards	Jul 11	Sun 9am-1pm	4	\$100
Chiropractic Assistant Certification Class	Young	Jul 17	Sat 9am-4pm	6	\$140
Heart Centered Ethics - Part I	Ireland	Jul 18	Sun 9am-4pm	6 - NCBTMB	\$125
Introduction to Aquatic Bodywork	Montgomery	Jul 25	Sun 8:30am-5:30pm	8	\$190
Therapeutic Stretching for the Upper Body	Richards	Jul 25	Sun 9am-5:30pm	7.5 - NCBTMB	\$155
Sound Healing *	Welton-Miller	Jul 26	Mon 6:30-9:30pm	3	\$60
Craniosacral Therapy: Introductory Level	Manalis	Jul 31-Aug 1	Sat-Sun 9am-5:30pm	15	\$305

AUGUST

On-Site Chair Massage I	Martz	Aug 1	Sun 9am-6pm	8 - NCBTMB	\$160
Side-Lying Massage	Lawrence	Aug 3-31	Tue 1:30-4:30pm	15 - NCBTMB	\$305
CPR *	McIntosh	Aug 6	Fri 9am-12noon	3	\$35
Reiki Healing at Breitenbush *	Coppieters	Aug 6-8	Fri 6pm-Sun 4pm	18 - NCBTMB	\$490
Thai Massage - Level I *	Weitzer	Aug 6-8	Fri 6:30-8:30pm; Sat-Sun 9am-5pm	16 - NCBTMB	\$360
Lymph Drainage Basics	Richards	Aug 8	Sun 9am-5:30pm	7.5 - NCBTMB	\$155
Aromatic Body Stone Therapy	Williams	Aug 14-15	Sat-Sun 9am-6pm	16 - NCBTMB	\$375
Sports Massage - In the Treatment Room	Verschingel	Aug 17-Sep 28	Vary	16 - NCBTMB	\$285
Yoga and Massage for Clients and Self-Care	Richards	Aug 22	Sun 9am-5pm	7	\$140

SEPTEMBER

Bowenwork® Module 1	Fullerton	Sep 11-12	Sat-Sun 9am-6:30pm	16	\$400
Spa Essentials - Ayurvedic Spa Treatments	Williams	Sep 11-12	Sat-Sun 9am-6pm	16 - NCBTMB	\$415

SALEM

JUNE

LMT Training Begins June 28th

				Contact an Admissions Coordinator for Information	
Massage Basics *	Williams	Jun 29-Jul 20	Tue 6:30-9pm	No CEs	\$75
Dao Yin Stretch *	Zermer	Jun 30-Aug 25	Wed 5:30-6:15pm	7	\$145
Shiatsu I - Short Form (Back)	Zermer	Jun 30-Sep 1	Wed 6:30-9:30pm	30 - NCBTMB	\$485
Shiatsu IV - Long Form (Front)	Zermer	Jun 30-Sep 1	Wed 9am-12noon	30	\$615

JULY

Foot Reflexology Basics *	Butler	Jul 17	Sat 9am-5:30pm	7.5 - NCBTMB	\$155
Reflexology Variations: Hand, Ears and Emotions *	Butler	Jul 18	Sun 9am-5:30pm	7.5 - NCBTMB	\$155
Functional Assessment Techniques	Libby	Jul 24-25	Sat-Sun 9am-5:30pm	15 - NCBTMB	\$305
Active Isolated Stretching - Upper Body	Sumner, Sr.	Jul 31-Aug 1	Sat-Sun 9am-6pm	16 - NCBTMB	\$325

AUGUST

Body Mechanics for Massage Therapists	Lawrence	Aug 21	Sat 9am-6pm	8 - NCBTMB	\$160
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SEPTEMBER

Massage for People Living with Cancer	MacDonald	Sep 24-26	Fri 9:30am-6:30pm; Sat-Sun 9am-6pm	24	\$490
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*Indicates a General Interest Class that does not have any prerequisites.

KNOW SOMEONE INTERESTED IN MASSAGE?

OSM is committed to providing a holistic education that integrates the body, mind, heart and spirit. We offer 555-hour Western and Eastern focus bodywork programs for Oregon and Washington licensure and National Certification. We also offer a flexible schedule, with Portland and Salem locations, designed to suit adult students who want to individualize their learning program.

If you would like more information, please call to speak with an Admissions Coordinator. You can also plan to attend a free Massage Training Preview. Licensing, training and career opportunities are discussed during this 2-hour presentation. Please call 1-800-844-3420 (Portland) or 1-877-588-8912 (Salem) to register.

UPCOMING MASSAGE TRAINING PREVIEWS

Portland	Salem
Wednesday, June 2 at 6:30pm	Monday, May 24 at 6:30pm
Saturday, June 19 at 10am	Saturday, June 12 at 10am
Tuesday, July 20 at 6:30pm	Saturday, July 17 at 10am
Saturday, August 21 at 10am	Tuesday, August 10 at 6:30pm
Wednesday, September 1 at 6:30pm	Monday, September 13 at 6:30pm
Saturday, September 18 at 10am	

UPCOMING START DATES

Summer Term: June 28 Fall Term: September 27 Winter Term: January 10

OSM BOOKSTORE

Come visit our stores at the Portland and Salem campuses. We carry a wide range of products, including lotions and oils, aromatherapy supplies, hot stone sets, massage tools, singing bowls, Zen alarm clocks, training DVDs and videos, and a comprehensive collection of reference and special topic books. If there is something you need that we don't carry, we may be able to special order it for you.

We also feature professional massage tables and chairs from Robert Hunter, Stronglite, Custom Craftworks, Oakworks and Earthlite, and offer a variety of table accessories, such as bolsters, body support cushions, stools, table warmers, and sheets.

TABLE SHOWCASE

Salem: Thursday, July 22nd
9am-4pm

Portland: Saturday, July 24th
8:30am-12:30pm

This is an opportunity to try out massage tables and chairs, learn how to select one that is right for you, and purchase them at **special Table Showcase prices.**

BOOKSTORE SALE

Portland: Tuesday, July 27th

Salem: Wednesday, August 4th

Receive 20% off oils/lotions, DVDs, music, linens, fleece covers, table warmers and bolsters (sale applies to these products only).*

* Discount does not apply to tables and chairs, books, snacks or already discounted merchandise.



Oregon School of Massage

9500 SW Barbur Blvd #100, Portland, OR 97219 • 503-244-3420 or 1-800-844-3420
2111 Front St NE #3-101, Salem, OR 97301 • 503-585-8912 or 1-877-588-8912

OSM is Going Greener!

We plan to end the mass paper mailing of this CE Brochure with the Fall 2010 quarter. All class information will still be available on our website and as a PDF document.

With the Winter 2011 CE Brochure, we will email a PDF to all recipients who have an email address in our system.

In the future, we will print a modest number of CE Brochures. If you would like to continue receiving a paper copy, please email jw@oregonschoolofmassage.com or call 503-244-3420 or 1-800-844-3420.

To receive a PDF version of the brochure right away, please email lb@oregonschoolofmassage.com

OSM Again Hosts CARING TOUCH MASSAGE-A-THON Saturday, September 18, 10am-5pm

Volunteer LMT's will provide table and chair massage as a fund raiser for Caring Touch. Recipients are encouraged to donate \$1 a minute.

Ayuda Caring Touch is a non-profit that awards grants to Oregon LMT's to provide "compassion care" massage for people who are ill, late-in-life, or handicapped and cannot otherwise afford massage.

Want a massage? Call OSM (503-244-3420) after September 1 to make an appointment. Call as late as September 18 as we may be able to accommodate walk-ins.

LMT's: To donate your time call Ray Siderius at OSM (503-244-3420).

Every dollar raised allows some person in need to receive 1-2 minutes of caring touch.

PRIZE DRAWING!

LMT's who complete an OSM CE Class of 7 hours or more between Jun. 27th and Sep. 17th will automatically be entered in a drawing to win 25,000 Alaska Airline miles!

This is equivalent to one ticket anywhere Alaska flies in the continental US. Simply register and enjoy your class. You may get more than your fantastic educational experience!

Each class you take creates another chance to win.

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Featured Classes this Summer!

Aquatic Bodywork - Introduction July 25, Sun 8:30am-5:30pm 8 CEs

Sheila Montgomery
\$190

Discover the advantage of working in warm water while improving your skills as a bodyworker. This 8 hour class will include learning the fundamentals of aquatic bodywork, proper flotation and alignment, core awareness, conscious breath, and body mechanics. A small class size and two instructors assures one on one attention and plenty of pool time in a fun and safe environment. **Pool is located at: March Wellness** 3303 SW Bond Ave. Unit MW. 2nd floor. Street parking is free on Sunday.

Prerequisite: Massage Fundamentals or LMT.

Sound Healing - Using the vibration of sound to create wellbeing July 26, Mon 6:30-9:30 3 CEs

Beth Welton-Miller
\$60

Healing with sound is an ancient practice that has many documented positive effects on the body, mind and spirit. Such benefits include reducing blood pressure and pain, changing brain waves and creating balance and harmony. In this class we will experiment with sound and the power of the voice, music, singing bowls, and tuning forks. Experience the healing power of vibration that you can use with yourself and others. Learn how to bring this experience into your practice or life realms.

Prerequisite: None

Craniosacral Therapy: Introductory Level July 31-August 1, Sat-Sun 9am-5:30pm 15 CEs

Jeremy Manalis
\$305

Craniosacral therapy uses gentle touch to ease pain and deepen awareness. Because it works directly with the central nervous system, it effects all the other systems of the body. This class will offer a general history of the concept, anatomy & physiology presentations, hands-on listening skills for identifying the Craniosacral wave, and a protocol of basic techniques that can be effectively used either alone or in combination with a general massage routine. This class is also an excellent foundation for further studies in Craniosacral therapy.

Prerequisite: Massage Fundamentals or equivalent.

Reiki Healing at Breitenbush August 6-8, Fri 6pm-Sun 4pm 18 CEs

Frank Coppieters
\$490

Reiki is a form of natural healing that takes place through gentle, sacred touch and addresses the energy of both the practitioner and the client. It restores health and harmony to the physical body, releases emotional blockages and activates a closer connection to spirit. It is also a wonderful and easy form of self-healing. Frank honors the oral tradition presenting material through "teaching stories." Their symbolism speaks directly to the heart and soul, meeting the student precisely where they are in their own life journey. Phyllis Furumoto is honored as the Lineage Bearer. This is a First Degree Reiki class, designed to allow enough time for the awakening of self and client-awareness. (NCBTMB Approved)

Prerequisite: None.



Catch the energy of learning...
add new rhythm to your work.

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bring learning
into balance

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Portland and Salem Campuses
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OregonSchoolofMassage.com