

OSM SUMMER 2009 CE CALENDAR

Visit www.OregonSchoolofMassage.com for descriptions and prerequisite information. Call 1-800-844-3420 to register for classes!

PORTLAND

JUNE

LMT Training Begins March 30th

CLASS	INSTRUCTOR	DATE	TIME	CEUs	PRICE
ABC'S of CHINESE MEDICINE - Part B	Cleaver	Jun 22-Aug 31	Mon 12noon-3pm	30	\$615
SHIATSU II - Short Form Technique	Ward	Jun 23-Aug 25	Tue 1:30-4:30pm	30 - NCBTMB	\$485
SHIATSU III - Shiatsu Stretches	Ward	Jun 23-Aug 25	Tue 6:30-9:30pm	30 - NCBTMB	\$615
SHIATSU SHORT FORM CLINIC	Neu	Jun 25-Aug 27	Thu 1:30-6pm	45 - NCBTMB	\$725
SHIATSU I - Short Form Sequence	Ward	Jun 25-Aug 27	Thu 6:30-9:30pm	30 - NCBTMB	\$485
BOARD REVIEW - Practical	Barck Garofalo	Jun 26	Fri 9am-1:30pm	4.5	\$110
BREATHWORK for Self Care and Client Support *	Townsend	Jun 26	Fri 6:30-9:30pm	3	\$60
POLARITY THERAPY: Fire Element *	Bromley	Jun 27-28	Sat 9am-6pm; Sun 9am-4pm	14 - NCBTMB	\$290
SPA ESSENTIALS - Body Wraps with Algae, Clay & Peat	Lawrence	Jun 27-28	Sat-Sun 9am-6pm	16 - NCBTMB	\$415
BOARD REVIEW - Kinesiology	Richards	Jun 28	Sun 9am-1pm	4	\$100

Contact an Admissions Coordinator for Information

JULY

ABC'S of CHINESE MEDICINE - Part C	Cleaver	Jul 9-Aug 27	Thu 12-4	32	\$650
MASSAGE FOR PEOPLE LIVING WITH CANCER	MacDonald	Jul 10-12	Fri 9:30am-6:30pm; Sat-Sun 9am-6pm	24	\$490
INTUITION FOR THE HEALING ARTS *	Ellis	Jul 10	Fri 9am-5pm	7	\$140
INTUITION FOR THE HEALING ARTS - II (New Class!)	Ellis	Jul 11	Sat 9am-5pm	7	\$140
THERAPEUTIC STRETCHING for the Upper Body	Richards	Jul 12	Sun 9am-5:30pm	7.5 - NCBTMB	\$155
SOUND HEALING *	Welton-Miller	Jul 13	Mon 6:30-9:30pm	3	\$60
AROMATHERAPY FOUNDATIONS - Part IV (New Class!)	Roemmel	Jul 18	Sat 9am-5:30pm	7.5 - NCBTMB	\$215
LYMPH DRAINAGE BASICS	Richards	Jul 19	Sun 9am-5:30pm	7.5 - NCBTMB	\$155
INSURANCE BILLING FOR LMTS	Harris	Jul 24-25	Fri 10am-4pm; Sat 10am-4:30pm	10.5	\$220
INTRO TO POLARITY THERAPY: General Session *	Bromley	Jul 25-26	Sat 9am-6pm; Sun 9am-4pm	14 - NCBTMB	\$290
INTRODUCTION to AQUATIC MASSAGE	Montgomery	Jul 26	Sun 8:30am-5:30pm	8	\$190
INTRO to BUSINESS LAW-For the Private Practitioner	Levinson	Jul 29-Aug 12	Wed 9am-12noon	9	\$195
REIKI HEALING AT BREITENBUSH *	Coppieters	Jul 31-Aug 2	Fri 6pm-Sun 4pm	18 - NCBTMB	\$490

(price includes \$190 for food and lodging)

AUGUST

ENERGETIC CONNECTION *	Welton-Miller	Aug 3	Mon 6:30-9:30pm	3	\$60
SPORTS EVENT MASSAGE	Verschingel	Aug 8	Sat 9am-6pm	8 - NCBTMB	\$160
ON-SITE CHAIR MASSAGE I	Martz	Aug 8	Sat 9am-6pm	8 - NCBTMB	\$160
UPPER EXTREMITY TECHNIQUES	Richards	Aug 9	Sun 9am-5:30pm	7.5	\$155
SPORTS MASSAGE - In the Treatment Room	Verschingel	Aug 11-Sep 22	Vary	16 - NCBTMB	\$285
AROMATIC BODY STONE THERAPY	Williams	Aug 15-16	Sat-Sun 9am-6pm	16 - NCBTMB	\$375
FUNCTIONAL ASSESSMENT TECHNIQUES	Libby	Aug 22-23	Sat-Sun 9am-5:30pm	15 - NCBTMB	\$305
YOGA AND MASSAGE for Clients and Self-Care	Richards	Aug 23	Sun 9am-5pm	7	\$140

SEPTEMBER

SPA ESSENTIALS - Ayurvedic Spa Treatments	Williams	Sep 12-13	Sat-Sun 9am-6pm	16 - NCBTMB	\$415
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SALEM

JUNE

SHIATSU SHORT FORM CLINIC	Zermer	Jun 23-Aug 25	Tue 8:30am-1pm	45 - NCBTMB	\$725
DAO YIN STRETCH *	Zermer	Jun 24-Aug 19	Wed 5:30-6:15pm	7	\$145
SHIATSU I	Zermer	Jun 24-Aug 26	Wed 6:30-9:30pm	30 - NCBTMB	\$485

JULY

ON-SITE CHAIR MASSAGE I	Martz	Jul 11	Sat 9am-6pm	8 - NCBTMB	\$160
PROLONG YOUR CAREER: Upper Extremities Self Care	Sinclair	Jul 18	Sat 9am-5pm	7	\$150
ACTIVE ISOLATED STRETCHING - Upper Body	Sumner, Sr.	Jul 18-19	Sat-Sun 9am-6pm	16 - NCBTMB	\$325
HEART CENTERED ETHICS - Part I	Ireland	Jul 19	Sun 9am-4pm	6 - NCBTMB	\$125
PNF for OPTIMUM RESULTS	Morelli	Jul 25-26	Sat-Sun 9am-4pm	12	\$250

AUGUST

THAI MASSAGE - Level I *	Weitzer	Aug 7-9	Fri 6:30-8:30pm; Sat-Sun 9am-5pm	16 - NCBTMB	\$360
FOOT REFLEXOLOGY BASICS *	Butler	Aug 8	Sat 9am-5:30pm	7.5 - NCBTMB	\$155
REFLEXOLOGY VARIATIONS: Hands, Ears & Emotions *	Butler	Aug 9	Sun 9am-5:30pm	7.5	\$155
SIDE-LYING MASSAGE	Lawrence	Aug 15-16	Sat-Sun 9am-5:30pm	15 - NCBTMB	\$305

*Indicates a General Interest Class that does not have any prerequisites.

KNOW SOMEONE INTERESTED IN MASSAGE?

OSM is committed to providing a holistic education that integrates the body, mind, heart and spirit. We offer 555-hour Western and Eastern focus bodywork programs for Oregon and Washington licensure and National Certification. We also offer a flexible schedule, with Portland and Salem locations, designed to suit adult students who want to individualize their learning program.

If you would like more information, please call to speak with an Admissions Coordinator. You can also plan to attend a free Massage Training Preview. Licensing, training and career opportunities are discussed during this 2-hour presentation. Please call 1-800-844-3420 (Portland) or 1-877-588-8912 (Salem) to register.

UPCOMING MASSAGE TRAINING PREVIEWS

Portland	Salem
Saturday, May 30 at 10am	Saturday, May 16 at 10am
Tuesday, June 16 at 6:30pm	Thursday, June 11 at 6:30pm
Wednesday, July 15 at 6:30pm	Saturday, July 18 at 10am
Saturday, August 15 at 10am	Tuesday, August 18 at 6:30pm
Thursday, September 3 at 6:30pm	Wednesday, September 16 at 6:30pm
Saturday, September 19 at 10am	

UPCOMING START DATES

Summer Term: June 22 Fall Term: September 28 Winter Term: January 11

OSM BOOKSTORE

Come visit our stores at the Portland and Salem campuses. We carry a wide range of products, including lotions and oils, aromatherapy supplies, hot stone sets, massage tools, singing bowls, Zen alarm clocks, training DVDs and videos, and a comprehensive collection of reference and special topic books. If there is something you need that we don't carry, we may be able to special order it for you.

We also feature professional massage tables and chairs from Robert Hunter, Stronglite, Custom Craftworks, Oakworks and Earthlite, and offer a variety of table accessories, such as bolsters, body support cushions, stools, table warmers, and sheets.

TABLE SHOWCASE DAY

Portland: Saturday, July 18th, 8:30am-12:30pm Salem: Thursday, July 16, 9am-4pm

This is an opportunity to try out massage tables and chairs, learn how to select one that is right for you, and purchase them at special Table Showcase Day prices.

BOOKSTORE SALE

Portland: Tuesday, July 28th Salem: Wednesday, July 29th

Receive 20% off oils/lotions, DVDs, music, linens, fleece covers, table warmers and bolsters (sale applies to these products only).*

*Discount does not apply to tables and chairs, books, snacks or already discounted merchandise.



Oregon School of Massage

9500 SW Barbur Blvd #100, Portland, OR 97219 • 503-244-3420 or 1-800-844-3420

2111 Front St NE #3-101, Salem, OR 97301 • 503-585-8912 or 1-877-588-8912

Refresh your practice with OSM's Spa Essentials Program

The Spa Essentials Program provides core skills and advanced techniques to those interested in a career in the spa industry or adding spa treatments to a private practice in a dry room setting. All classes in the program are offered at least once a year. Courses include elements of spa history and use of aromatherapy (NCBTMB Approved)

Spa Essentials – Ayurvedic Spa Treatments

September 12-13 Sat-Sun 9am-6pm \$415, 16 CEs

Participants are introduced to Ayurveda inspired spa treatments, which bring a spiritual element to massage with deeply relaxing treatments that support healthy living. Participants learn abhyanga, udvartana, Indian head massage, dosha specific massage and shirodhara.

Instructor: Anne Williams LMP #11404

Spa Essentials – BodyWraps with Algae, Clay & Peat

June 27-28 Sat-Sun 9am-6pm \$415 - 16 CEs

Like a weekend at the spa! Learn skills to enhance your practice and save your hands. Class begins with dry brushing and covers these wraps: herbal detox, milk & honey, coffee & cream, shea butter, almond butter and seaweed gel. Learn spot area treatments such as the clarifying mud application to the back. These techniques can introduce your clients to spa work or be blended with massage.

Instructor: Kitty Lawrence BA, LMT #2748

Spa Essentials - Body Polishes & Glows

Will be offered in Fall 2009

Give your clients silky, rejuvenated skin and increase lymph flow and circulation with common ingredients such as sea salt, brown sugar, and Epsom salts. Learn ways to deliver body polishes you can do in your massage room without expensive equipment. Day One combines exfoliation with massage. Day Two covers a spa foot massage and reflexology treatment with warm spa booties and includes a paraffin bath and mud mask. Treat yourself to this class.

Instructor: Kitty Lawrence BA, LMT #2748

Aromatic Body Stone

August 15-16 Sat-Sun 9am-6pm \$375 - 16 CEs

This class combines the use of hot or cooled stones, essential oils and targeted massage techniques. The resulting treatment can be focused for relaxation, injury rehabilitation, deep tissue, reflexology, energy balancing and spa applications. This workshop teaches delivery of both a 60- and 90-minute hot stone massage session. In addition, participants learn about the healing powers of essential oils.

Instructor: Anne Williams LMP #11404

New Classes this Summer

Intuition for the Healing Arts - Part II

July 11 Sat 9am-5pm \$140 - 7 CEs

This class builds on the information shared in Part I - inner seeing, inner hearing, empathic sensing, kinesthetic sensitivity, and direct knowing and begins to develop telepathic messaging. The skills learned in this class help to clarify unconscious motives to strengthen yourself professionally. Jacquelyne will also share methods for contacting spirit guides. This class bridges the physical and non-physical with very practical benefit for those practicing and/or interested in the healing arts.

Aromatherapy Foundations - Part IV

July 17 Sat 9am-5:30pm \$215 - 7.5 CEs

Explore the subtle aspects of aromatherapy. Learn about the energetics of the oils and how to use them with an energetic intention. Design an aromatic spray. Class includes an introduction to hydrosols and flower essences. Five additional oils will be explored.

Introduction to Business Law - For the Private Practitioner

July 29-Aug 12 Wed 9am-12noon \$195 - 9 CEs

This three-session class is perfect for massage therapists, chiropractors, acupuncturists, counselors and other healthcare professionals who are or planning to be in private practice. Course material addresses issues such as: selecting your business entity, using an assumed business name, contracts, insurance, privacy concerns, and when to seek legal counsel. Class will include lecture and activities to prepare and review forms for initiating some of the above processes.

Still want a paper copy?

OSM is continuing to find green alternatives. We now use mugs instead of paper cups, copy on recycled paper, and send emails instead of brochures when possible. If you would be happy to receive a PDF format of this Booklet from now on please send an email to: lb@oregonschoolofmassage.com.

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sunshine this summer.
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education classes.

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bring learning
into balance



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